

# SODALIS WACO AUGUST 2021



**SODALIS**  
WACO

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b> 9am Morning Stretches 10am Church Service 11am Trivia 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>American Family Day</u></p>	<p><b>2</b> 9am One-on-One Time 10am Noodle Ball 11am Puzzles 1pm Hallmark Channel 2pm Afternoon Snack 3pm Coffee Chat 5pm Exercise 6pm Soft Music <u>Nat'l Ice Cream Sandwich Day</u></p>	<p><b>3</b> 9am Morning Stretches 10am Reminiscing Circle 11am Bowling 1pm One-on-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Watermelon Day</u></p>	<p><b>4</b> 9am Morning Stretches 10am Bible Study 11am Word Search Time 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Wedding Memories <u>Nat'l Chocolate Chip Cookie Day</u></p>	<p><b>5</b> 9am Morning Stretches 10am Worship "Sing a long" 11am Trivia 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Underwear Day</u></p>	<p><b>6</b> 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Walking Club <u>James Anz's Birthday</u> <u>Nat'l Root Beer Float Day</u></p>	<p><b>7</b> 9am Morning Stretches 10am Picture Bingo 11am Elvis Dancing 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Purple Heart Day</u> <u>Nat'l Play Outside Day</u></p>
<p><b>8</b> 9am Morning Stretches 10am Church Service 11am Trivia 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Nat'l Happiness Happens Day</u></p>	<p><b>9</b> 9am Morning Stretches 10am Bible Trivia 11am Word Search 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>Nat'l Book Lover's Day</u></p>	<p><b>10</b> 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Snack Time 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <u>Nat'l Lazy Day</u></p>	<p><b>11</b> 9am Morning Stretches 10am Bible Study 11am Movie &amp; Manicures 1pm Fill in the Blank game 2pm Snack Time 3pm Coffee Chat 6pm Soft Music <u>Nat'l Son's &amp; Daughter's Day</u></p>	<p><b>12</b> 9am Morning Stretches 10am Play Ball 11am Walking Club 1pm Book Club 2pm Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Vinyl Record Day</u></p>	<p><b>13</b> 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>Nat'l Left Handers Day</u></p>	<p><b>14</b> 9am Morning Stretches 10am Bowling 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <u>Nat'l Bowling Day</u></p>
<p><b>15</b> 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Nat'l Relaxation Day</u></p>	<p><b>16</b> 9am Morning Stretches 10am Who has the best joke 11am Dance off 1pm One-On-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Bowling 6pm Soft Music <u>Tell a Joke Day</u></p>	<p><b>17</b> 9am Morning Stretches 10am Pictionary 11am Walking Club 1pm Lemonade &amp; Relaxation 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>I LOVE My Feet Day</u></p>	<p><b>18</b> 9am Morning Stretches 10am Bible Study 11am Word Search 1pm Memories 2pm Afternoon Snack 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <u>Nat'l Ice Cream Pie Day</u></p>	<p><b>19</b> 9am Morning Stretches 10am Golden Girls 11am Brain Busters 1pm Book Club 2pm Amedysis band 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <u>Nat'l Soft Ice Cream Day</u></p>	<p><b>20</b> 9am Morning Stretches 10am Craft Corner 11am One-on-One Time 1pm Movie &amp; Manicures 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Chocolate Pecan Pie Day</u></p>	<p><b>21</b> 9am Morning Stretches 10am Bowling 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <u>Nat'l Senior Citizen's Day</u></p>
<p><b>22</b> 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Nat'l Be An Angel Day</u></p>	<p><b>23</b> 9am Morning Stretches 10am Bible Trivia 11am Walking Club 1pm Word Search 2pm Afternoon Snack 3pm Coffee Chat 5pm Bean Bag Baseball 6pm Soft Music <u>Nat'l Sponge Cake Day</u></p>	<p><b>24</b> 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Painting 6pm Soft Music <u>Nat'l Waffle Day</u></p>	<p><b>25</b> 9am Morning Stretches 10am Bible Study 11am Puzzles 1pm John Wayne Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Banana Split Day</u></p>	<p><b>26</b> 9am Morning Stretches 10am Golden Girls 11am Dance Off 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <u>Nat'l Cherry Popsicle Day</u></p>	<p><b>27</b> 9am Morning Stretches 10am Craft Corner 11am Walking Club 1pm Movie 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Just Because Day</u></p>	<p><b>28</b> 9am Morning Stretches 10am Bean Bag Baseball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Nat'l Red Wine Day</u></p>
<p><b>29</b> 9am Morning Stretches 10am Church Services 11am Worship Music 1pm Word Search 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Nat'l Lemon Juice Day</u></p>	<p><b>30</b> 9am Morning Stretches 10am Bible Trivia 11am Sing a Long 1pm Virtual Vacation 2pm Afternoon Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Beach Day</u></p>	<p><b>31</b> 9am Morning Stretches 10am Reminiscing Circle 11am World Trivia 1pm One-On-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>Nat'l Trail Mix Day</u></p>				