



# NOVEMBER 2021



**SODALIS**  
STONE OAK

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Manicure Monday 3:00 Social Hour 6:00 Movie Time	<b>2</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Arts & Crafts 3:00 Tuesday Trivia 6:00 Wheel of Fortune	<b>3</b> 9:30 Coffee Social 10:30 Church Services 2:00 <u>Rootbeer Floats</u> 3:00 Social Hour 6:00 Table Games	<b>4</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Dominoes/Uno 3:00 BINGO 6:00 Movie Time	<b>5</b> 9:30 <b>Music Therapy</b> 10:30 <u>Sittercise</u> 1:00 <b>Music w/ TJ</b> 2:00 <b>Chair Yoga /w Michelle</b> 3:00 Social Hour	<b>6</b> 9:30 Coffee Social 10:30 <u>Sittercise w/Judy</u> 2:00 Walk and Talk 2:30 Board Games
<b>7</b> 9:30 Coffee Social 10:00 Church Services (TV) 1:30 Walk and Talk 3:00 Matinee  <i>Daylight Saving Time Ends</i>	<b>8</b> 9:30 Coffee Social 10:30 <b>Bound for Glory</b> 2:00 Manicure Monday 3:00 Social Hour 6:00 Movie Time	<b>9</b> 9:30 Coffee Social 10:00 <u>Sittercise</u> 2:00 Veterans Crafts 3:00 Tuesday Trivia 6:00 Wheel of Fortune	<b>10</b> 9:30 Coffee Social 10:00 Church Services 11:00 <b>Happy Tails</b> 2:00 <b>Presidents Trivia</b> 3:00 Social Hour 6:00 Table Games	<b>11</b> 9:30 Coffee Social 10:00 <b>Veterans Day Ceremony</b> 12:00 <b>Veterans Luncheon</b> 1:30 <b>Color Guards (Johnson High School)</b> 3:00 BINGO	<b>12</b> 9:30 <b>Music Therapy</b> 10:30 <u>Sittercise</u> 2:00 <b>Exercise w/Donna</b> 3:00 Social Hour 6:00 Friday Movie	<b>13</b> 9:30 Coffee Social 10:30 <u>Sittercise w/Judy</u> 2:00 Walk and Talk 2:30 Board Games
<b>14</b> 9:30 Coffee Social 10:00 Church Services (TV) 1:30 Walk and Talk 3:00 Matinee	<b>15</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Manicure Monday 3:00 Social Hour 6:00 Movie Time	<b>16</b> 9:30 Coffee Social 10:00 <u>Sittercise</u> 2:00 Tuesday Trivia 3:00 <b>Music w/ Lisa</b> 6:00 Wheel of Fortune	<b>17</b> 9:30 Coffee Social 10:30 Church Services 2:00 <u>Rootbeer Floats</u> 3:00 Social Hour 6:00 Table Games	<b>18</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Dominoes/Uno 3:00 Bingo 6:00 Movie Time	<b>19</b> 9:30 <b>Music Therapy</b> 10:30 <u>Sittercise</u> 11:00- 1:00 PM <b>Drive Through Thanksgiving Luncheon</b> 2:00 <b>Chair Yoga w/ Michelle</b> 3:00 Social Hour	<b>20</b> 9:00 <b>Car Show</b> 10:30 <u>Sittercise w/Judy</u> 2:00 Walk and Talk 2:30 Board Games
<b>21</b> 9:30 Coffee Social 10:00 Church Services (TV) 1:30 Walk and Talk 2:00 Matinee	<b>22</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Manicure Monday 3:00 Social Hour 6:00 Movie Time	<b>23</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Thanksgiving Craft 3:00 Thanksgiving Trivia 6:00 Wheel of Fortune	<b>24</b> 9:30 Coffee Social 10:30 Church Services 2:00 <u>Rootbeer Floats</u> 3:00 Cocktail Hour 6:00 Table Games	<b>25</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 Dominoes/Uno 3:00 BINGO 6:00 Family Movie  Happy Thanksgiving	<b>26</b> 9:30 <b>Music Therapy</b> 10:30 <u>Sittercise</u> 2:00 <b>Exercise w/Donna</b> 3:00 Social Hour 6:00 Friday Movie	<b>27</b> 9:30 Coffee Social 10:30 <u>Sittercise w/Judy</u> 2:00 Walk and Talk 2:30 Board Games
<b>28</b> 9:30 Coffee Social 10:00 Church Services (TV) 1:30 Walk and Talk 2:00 Matinee	<b>29</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 1:00 Manicure Monday 2:00 <b>Christmas Decorating</b> 3:00 Social Hour 6:00 Movie Time	<b>30</b> 9:30 Coffee Social 10:30 <u>Sittercise</u> 2:00 <b>Resident Council</b> 3:00 Christmas Trivia 6:00 Wheel of Fortune			 Rose-16 <sup>th</sup> Lois-24 <sup>th</sup>	