



COMPANIONS FOR LIFE

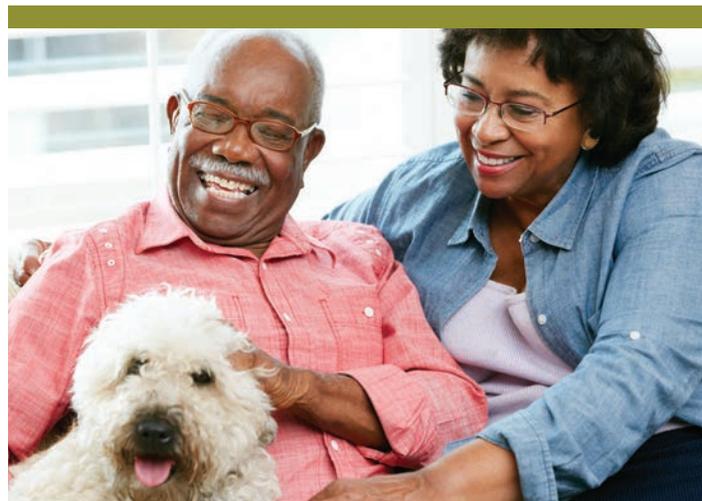
Sodalis Senior Living was founded on integrity and love.

Residents live in an intimate, home-like residence that gives them a sense of security and belonging. The care team fully gets to know and embrace each and every resident.

From delicious, home-style meals to daily activities based around the interests of our residents, to the regular rhythm of home life, residents and families gain confidence and trust in their Sodalis community.

Sodalis means *companion* and for our residents, that is at the heart of our community spirit.

-  Serving with dedication, compassion, and care.
-  Sharing meals, stories, and laughter together.
-  Celebrating the good times and helping to navigate the hard ones.
-  We are companions to you and your family.
-  **We are Sodalis.**



“My mom has improved so much in her quality of life. She was in a wheelchair all the time when we came and they have her walking and singing.”

— Patti, daughter of resident

“My Aunt is so much better since being in this loving homelike environment. The care assistants and nurses are always smiling! Thank you for taking such good care of her!”

— Stephanie, niece of resident

Sodalis Victoria

4409 John Stockbauer Dr.
Victoria, TX 77904
(361) 580-3151
AL#s 101060 & 105046

Sodalis San Marcos

1001 Crepe Myrtle St.
San Marcos, TX 78666
(512) 878-2418
AL# 103585

Sodalis at Dripping Springs

11013 Signal Hill Dr.
Austin, TX 78737
(512) 637-5400
AL# 103685

Sodalis at Waco

4308 N. 19th St.
Waco, TX 76708
(254) 752-1008
AL# 103795

Sodalis New Braunfels

550 Rock St.
New Braunfels, TX 78130
(830) 624-7702
AL#s 103037 & 030347

Sodalis Main Office

101 Uhland Road,
Ste. 212
San Marcos, TX 78666
(830) 624-1044



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SodalisSenior.com



CARE

Personalized care programs with individual goals are created through a collaboration of professionals trained in memory care, residents, and their family members. The needs and personal interests of each resident are met with a blend of compassionate and highly professional care.

- Dedicated care
- Medication management
- Assistance with daily needs
- Stimulating social activities
- Engagement programs
- Dignified personal care
- Healthy, home style meals

The best in memory care is right here in Texas. From the moment you step into a Sodalis Senior Living community, you'll notice that it's different from other communities – and in the best of ways.

The Sodalis memory care model is designed and functions just like a home, emphasizing the natural and familiar rhythms of daily life. Bedrooms are arranged around a central living and dining area with ready (and secured) access to the outdoors – giving our residents freedom to live their best lives safely and happily.

Based on the nationally renowned “small house” model, Sodalis memory care offers the spirit of collaboration and shared living where residents can opt to quietly read, join a group event, commune with nature, help with chores – whatever appeals to them in the moment.

And a highly trained and compassionate care team helps each resident through their day, offering care and support wherever needed 24 hours a day.



DINING

Three family-style meals are prepared every day and combine residents’ tastes with the freshest ingredients and healthiest plans possible. Seasonal menus consist of hearty breakfast options, full course lunches, and nutritious dinners – and can be customized to meet individual preferences or special dietary needs.

ACTIVITIES

Each day is meaningful with carefully planned activities and wellness programs, along with spontaneous interactions that keep residents engaged and fulfilled. The engagement director schedules daily activities to feed the mind, body, and spirit – based around residents’ interests. Examples include games, art projects, cooking, gardening, and yoga.