

CONNECTIONS/JULY 2021



Sodalis
Shavano Park

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Get Social</p> <p>Crafts</p> <p>Games</p> <p>Exercise</p>	<p>Calendar Subject To Change</p>					
<p>4 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Snack/Hydration 2:30 Dominoes</p>	<p>5 9:30 Manicure Monday 10:00 Chair Zumba 11:00 Ice Breakers 1:00 *Dog Therapy with Linda 2:00 Snack/Hydration 2:30 Singing with Instruments 3:30 Balloon Tennis 5:00 After Dinner Theater</p>	<p>6 9:30 Hair & Nails 10:00 Backyard Games 11:00 Let's Chat! 1:00 Kissing Day Art 2:00 Snack/Hydration 2:30 Sing Along 3:00 Bowling 5:00 After dinner Theater</p>	<p>7 Lindsey's Birthday! 10:00 Hymns and Devotional 11:00 What's your view? 1:00 Craft Hour 2:00 Snack/Hydration 2:00 * Music by Lisa Marie 3:00 Afternoon Fitness 5:00 After Dinner Theater</p>	<p>1 9:30 Hair & Nails 10:00 Outside Yoga 11:00 This or That!? 1:00 Necklace Making. 2:00 Snack/Hydration 3:00 Sing Along 3:30 BINGO 5:00 Kick Ball</p>	<p>2 9:30 Hair & Nails 10:00 Tennis Target Practice 11:00 Reminiscing 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Virtual Tour 3:30 Bowling 4:30 * 4th of July Celebration with Music, Food and Fun!</p>	<p>3 10:00 Chair Exercise 10:30 Adult Coloring 11:30 Sing Along 1:00 Magazine Time 2:00 Snack/Hydration 3:00 Kick Ball</p>
<p>11 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Snack/Hydration 2:30 Dominoes 3:30 Cupcake Decorating</p>	<p>12 9:30 Hair & Nails 10:00 Chair Zumba 11:00 Pronouncing Words 1:00 Nature Butterflies 2:00 Snack/Hydration 2:30 Trash can drumming 3:30 Balloon Tennis 5:00 After Dinner Theater</p>	<p>13 9:30 Hair & Nails 10:00 Milk Jug Toss 11:00 Let's Chat! 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Sing Along 3:00 Bowling 5:00 After dinner Theater</p>	<p>14 9:30 Hair & Nails 10:00 Hymns and Devotional 11:00 Favorite Foods 1:00 Rock Painting 2:00 Snack/Hydration 2:30 Sing Along 3:00 Afternoon Fitness 5:00 After Dinner Theater</p>	<p>15 Christmas in July! 10:00 Outside Yoga 11:00 The Christmas Story 1:00 Christmas tree painting 2:00 Snack/Hydration 2:30 Christmas Sing Along 5:00 Kick Ball</p>	<p>16 9:30 Hair & Nails 10:00 Outside Exercise 11:00 Name that memorial 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Virtual Tour 3:00 Social Hour 5:00 Kick Ball</p>	<p>17 10:00 Chair Exercise 10:30 Adult Coloring 11:30 Sing Along 1:00 Magazine Time 2:00 Snack/Hydration 3:00 Kick Ball</p>
<p>18 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:30 Dominoes</p>	<p>19 9:30 Hair & Nails 10:00 Chair Zumba 11:00 Ice Breakers 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Singing with instruments 3:30 Balloon Tennis</p>	<p>20 9:30 Hair & Nails 10:00 Morning Exercise 11:00 Fortune Cookies 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Sing Along 3:00 Bowling 5:00 After dinner Theater</p>	<p>21 9:30 Hair & Nails 10:00 Hymns and Devotional 11:00 Famous Scandals 1:00 Craft Hour 2:00 Snack/Hydration 2:30 Sing Along 3:00 Afternoon Fitness 5:00 After Dinner Theater</p>	<p>22 9:30 Hair & Nails 10:00 Outside Walk 11:00 Reminiscing 1:00 Pom Pom Plants. 2:00 Snack/Hydration 2:30 Sing Along 3:00 Games 5:00 Watch a musical</p>	<p>23 9:30 Hair & Nails 10:00 Outside Exercise 11:00 Memory Challenge 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Virtual Tour 3:00 Social Hour 5:00 Kick Ball</p>	<p>24 10:00 Chair Exercise 10:30 Adult Coloring 11:30 Sing Along 1:00 Magazine Time 2:00 Snack/Hydration 3:00 Kick Ball</p>
<p>25 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:30 Dominoes</p>	<p>26 9:30 Hair & Nails 10:00 Chair Zumba 11:00 Ice Breakers 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Trash can drumming 3:30 Balloon Tennis 5:00 After Dinner Theater</p>	<p>27 9:30 Hair & Nails 10:00 Morning Exercise 11:00 House Plants 1:00 Craft Corner 2:00 Snack/Hydration 2:30 Sing Along 3:00 Bowling 5:00 After dinner Theater</p>	<p>28 9:30 Hair & Nails 10:00 Hymns and Devotional 11:00 What's your view? 1:00 Craft Hour 2:00 Snack/Hydration 2:30 Sing Along 3:00 Afternoon Fitness 5:00 After Dinner Theater</p>	<p>29 9:30 Hair & Nails 10:00 Outside Exercise 11:00 Reminiscing 1:00 Cookie Decorating. 2:00 Snack/Hydration 2:30 Sing Along 3:00 Games 5:00 Watch a musical</p>	<p>30 9:30 Hair & Nails 10:00 Outside Exercise 11:00 Guess That Presley 1:00 *Music with TJ 2:00 Snack/Hydration 2:30 Craft Corner 3:30 Kick Ball 5:00 Sing Along</p>	<p>31 10:00 Chair Exercise 10:30 Adult Coloring 11:30 Sing Along 1:00 Magazine Time 2:00 Snack/Hydration 3:00 Kick Ball</p>