


NOVEMBER 2021



SODALIS
NEW BRAUNFELS

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9AM-MORNING BOOGIE 10AM-ARTS AND CRAFTS 11AM-TRIVIA 1PM-WHEELCHAIR YOGA 2PM-STRETCHES 3PM-MOVIE NIGHT	2 9AM-MORNING BOOGIE 10AM-MUSIC WITH MIKE 11AM-BALLOON VOLLEYBALL 1PM-PUZZLE TIME 2PM-UNO 3PM-MOVIE NIGHT	3 9AM-MORNING BOOGIE 10AM-GATOR TOSS 11AM-KARAOKE 1PM-DANCE PARTY 2PM-WHEELCHAIR YOGA 3PM-MUSIC RELAXATION SANDWICH DAY	4 9AM-MORNING BOOGIE 10AM-PORCH TALK 11AM-COLOR WITH ME 1PM-KICKBALL 2PM-I SPY 3PM-ARTS AND CRAFTS CANDY DAY	5 9AM-MORNING BOOGIE 10AM-SNACK TIME 11AM-CHARADES 1PM-JUMBO BOWLING 2PM-BEACH BALL KICKS 3PM-COLOR WITH ME AMERICAN FOOTBALL	6 9AM-MORNING BOOGIE 10AM-FRISBEE TOSS 11AM-PORCH TALK 1PM-SPA DAY 2PM-NAME THAT TUNE 3PM-MEMORY MATCH NACHOS DAY
7 9AM-MORNING BOOGIE 10AM-CARD GAMES 11AM-BALLOON VOLLEYBALL 1PM-BINGO 2PM-WHEELCHAIR YOGA 3PM-JENGA DAYLIGHT SAVINGS DAY	8 9AM-MORNING BOOGIE 10AM-JUMBO BOWLING 11AM-DOMINOES 1PM-I SPY 2PM-RANGE OF MOTION 3PM-TIC-TAC-TOE	9 9AM-MORNING BOOGIE 10AM-MUSIC WITH MIKE 11AM-NATURE WALK 1PM-HANGMAN 2PM-PICTIONARY 3PM-MUSIC RELAXATION	10 9AM-MORNING BOOGIE 10AM-CARD GAMES 11AM-BALLOON VOLLEYBALL 1PM-BINGO 2PM-WHEELCHAIR YOGA 3PM-JENGA	11 9AM-MORNING BOOGIE 10AM-BEACH BALL KICKS 11AM-NATURE WALK 1PM-HANGMAN 2PM-PICTIONARY 3PM-MUSIC RELAXATION VETERANS DAY	12 9AM-MORNING BOOGIE 10AM-PUZZLE TIME 11AM-OUTSIDE POPSICLE FUN 1PM-KICKBALL 2PM-SING ALONG 3PM-MOVIE NIGHT	13 9AM-MORNING BOOGIE 10AM-JUMBO BOWLING 11AM-DOMINOES 1PM-I SPY 2PM-RANGE OF MOTION 3PM-TIC-TAC-TOE
14 9AM-MORNING BOOGIE 10AM-BEAN BAG TOSS 11AM-TRIVIA 1PM-RANGE OF MOTION 2PM-PUZZLES 3PM-DOMINOES CHILDRENS DAY	15 9AM-MORNING BOOGIE 10AM-SNACK TIME 11AM-BINGO 1PM-LEG STRETCHES 2PM-KARAOKE 3PM-MOVIE NIGHT ODD SOCKS DAY	16 9AM-MORNING BOOGIE 10AM-MUSIC WITH MIKE 11AM-COLOR WITH ME 1PM-BALLOON VOLLEYBALL 2PM-CHARADES 3PM-CARD GAMES	17 9AM-MORNING BOOGIE 10AM-FRISBEE TOSS 11AM-PORCH TALK 1PM-SPA DAY 2PM-NAME THAT TUNE 3PM-MEMORY MATCH	18 9AM-MORNING BOOGIE 10AM-GATOR TOSS 11AM-KARAOKE 1PM-DANCE PARTY 2PM-WHEELCHAIR YOGA 3PM-MUSIC RELAXATION	19 9AM-MORNING BOOGIE 10AM-CORNHOLE 11AM-TIC-TAC-TOE 1PM-ARM STRETCHES 2PM-SING ALONG 3PM-HANGMAN	20 9AM-MORNING BOOGIE 10AM-PORCH TALK 11AM-COLOR WITH ME 1PM-KICKBALL 2PM-I SPY 3PM-ARTS AND CRAFTS
21 9AM-MORNING BOOGIE 10AM-SUNDAY BLESSINGS 11AM-NAME THAT TUNE 1PM-MEMORY MATCH 2PM-LEG STRETCHES 3PM-TRIVIA	22 9AM-MORNING BOOGIE 10AM-NATURE WALK 11AM-BALLOON VOLLEYBALL 1PM-PUZZLE TIME 2PM-UNO 3PM-MOVIE NIGHT	23 9AM-MORNING BOOGIE 10AM-MUSIC WITH MIKE 11AM-CARD GAMES 1PM-ARM STRETCHES 2PM-NAME THAT TUNE 3PM-STORY TIME	24 9AM-MORNING BOOGIE 10AM-COFFEE WITH FRIENDS 11AM-PORCH TALK 1PM-TRIVIA 2PM-BEACH BALL KICKS 3PM-SPELLING BEE	25 9AM-MORNING BOOGIE 10-SNACK TIME 11AM-SING ALONG 1PM-STORY TIME 2PM-BINGO 3PM-MOVIE NIGHT THANKSGIVING	26 9AM-MORNING BOOGIE 10AM-SNACK TIME 11AM-WHEELCHAIR YOGA 1PM-HAND MASSAGES 2PM-CHARADES 3PM-MOVIE NIGHT BLACK FRIDAY	27 9AM-MORNING BOOGIE 10AM-HANGMAN 11AM-BINGO 1PM-BALL TOSS 2PM-STRETCHES 3PM-MEMORY MATCH
28 9AM-MORNING BOOGIE 10AM-SNACK TIME 11AM-SUNDAY BLESSINGS 1PM-KARAOKE 2PM-BUBBLE FUN 3PM-TIC-TAC-TOE FRENCH TOAST DAY	29 9AM-MORNING BOOGIE 10AM-CARD GAMES 11AM-BALLOON VOLLEYBALL 1PM-BINGO 2PM-WHEELCHAIR YOGA 3PM-JENGA	30 9AM-MORNING BOOGIE 10AM-MUSIC WITH MIKE 11AM-WORD SEARCH 1PM-RING TOSS 2PM-ARTS AND CRAFTS 3PM-MOVIE NIGHT	BIRTHDAYS MAYRENE 11/17	