

September 2021

Sodalis Largo

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY TO COLOR CODES: MUSIC/SOCIAL/PARTY OUTING SPIRITUAL FITNESS THERAPY	HAPPY BIRTHDAY! Mary Ann "Annie" D. – 6 th Connie L. – 17 th John "Mike" W. – 17 th Grace B. – 19 th		1 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 Traveling Treats 2:30 DIY: No Sew Stuffed Animals 3:15 Exploring YouTube: Tour of the Grand Ole Opry 4:00 Reminiscing: What have you Learned? 5:30 Evening Movie & Snack	2 9:30 Fresh Faces 10:00 Music with Craig – L 1:15 One on One 2:00 DIY: Blueberry Popsides – 2 nd 3:00 Exploring YouTube: Mt. Rushmore Tour 3:30 Casino War 4:00 Reminiscing: Spending Money in the 50's 5:30 Evening Movie & Snack 6:15 Aromatherapy & Hand Massages	3 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Pet Therapy with Tim & Charlie – 2 nd 1:15 One on One 2:00 Coloring Calm 3:15 Happy Hour & Music with Tara – L Drink Special: Pina Colada 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Snack	4 9:30 Fresh Faces 10:30 Scenic Drive 1:15 Relax & Restore 2:00 Baking Club: Macadamia Nut Chocolate Chip Cookies – 2 nd 3:00 Sit & Sort 3:30 Balloon Toss 4:00 Reminiscing: Old Hollywood Oscars 5:30 TV Showing: Lassie
5 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 Relax & Restore Spa – 2 nd 3:30 Flip & Reminisce – 2 nd 4:00 Reminiscing: Best 1960's TV Shows 5:30 Exploring YouTube: Funny Pets	6 9:30 Fresh Faces 10:00 Hydrate and Snack 1:00 Scenic Drive / Out for Dessert 1:15 One on One 2:30 Balloon Boxing 3:15 Spot the Difference 4:00 Reminiscing: Famous Couples 5:30 Name that Occupation	7 9:30 Fresh Faces 10:00 Church with Chaplain George 1:15 One on One 2:00 DIY: Postcards 2:30 Sit & Chat: Name Origins 3:00 Apple Stamp Napkins 4:00 Reminiscing: Soda Shoppe Memories 5:30 Porch Talk 6:00 Aromatherapy & Hand Massages	8 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:15 Traveling Treats 2:30 DIY: Stress Balls 3:00 Patsy Cline Sing-Along 3:30 Catching Bubbles 4:00 Reminiscing: Punctuation Signs 5:30 Evening Movie & Snack	9 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:15 DIY: No-Sew Sock Teddy Bears – 2 nd 3:15 Sit & Chat: What is California known for? 3:30 Dancing in the Chair 4:00 Reminiscing: Weird Childhood Habits 5:30 Puzzle Time 6:15 Aromatherapy & Hand Massages	10 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 3:15 Happy Hour – L Drink Special: Spiked Lemonade 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	11 9:30 Fresh Faces 10:30 Scenic Drive 1:15 Relax & Restore 2:00 Match it 3:00 Patriotic Color by Number 3:30 Balloon Toss 4:00 Reminiscing: Funniest Comedian 5:30 TV Showing: Brady Bunch
12 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 Healthy Living: Fruit Salad 3:00 Exploring YouTube: Vintage Music Videos 4:00 Reminiscing: Remembering the Studebaker 5:30 Easy Hand Exercises	13 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 Peanut Hunt 2:30 Yankee Doodle Dandy Sing-Along 3:15 Baking Club: Peanut Butter Cookies – 2 nd 4:00 Reminiscing: Going Gluten-Free 5:30 Evening Movie & Snack	14 9:30 Fresh Faces 10:00 Church with Chaplain George 1:15 One on One 2:00 Balloon Soccer 2:30 Roping a Bull 3:00 Healthy Eats: Ants on a Log 4:00 Reminiscing: Roommate Stories 5:30 Porch Talk 6:00 Aromatherapy & Hand Massages	15 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:15 Traveling Treats 2:45 Bird Watching Hunt 3:00 Exploring YouTube: RV Tours 3:30 Reminiscing: King Kong 4:00 Family Night 5:30 Evening Movie & Snack	16 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:15 Guacamole Class Social – 2 nd 3:00 Exploring YouTube: The Macarena 3:30 Spades BINGO! 4:00 Reminiscing: Blended Families 5:30 DIY: Peanut Hummingbirds 6:15 Aromatherapy & Hand Massages	17 9:30 Fresh Faces 10:30 Pet Therapy with Tim & Charlie – 2 nd 1:15 One on One 2:00 What's the Sport? 2:30 Coloring Calm 3:15 Happy Hour – L Drink Special: Root Beer Floats 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	18 9:30 Fresh Faces 10:00 Classic Car Show – Parking Lot 1:15 Relax & Restore 2:00 Baking Club: Banana Bread Mini Muffins – 2 nd 3:00 Armchair Travel: Hawaii 3:30 Balloon Toss 4:00 Reminiscing: What is it & what does it do 5:30 TV Showing: Andy Griffith
19 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 Sharing Funny Stories Social – 2 nd 4:00 Reminiscing: What foods did your Mom want you to eat? 5:30 Working your Legs 6:00 Exploring YouTube: Traveling to St. Kitts and Nevis	20 9:30 Fresh Faces 10:00 Hydrate and Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:15 Rum Punch Popsicle Social – G 4:00 Reminiscing: Recess at School 5:30 Evening Movie & Snack 6:00 Where's the Sound Coming from?	21 9:30 Fresh Faces 10:00 Church with Chaplain George 1:15 One on One 2:00 Things that go Together 2:30 DIY: Tape Resist Watercolors 3:15 Animal BINGO! 4:00 Reminiscing: Favorite TV Mysteries 5:30 Porch Talk 6:00 Aromatherapy & Hand Massages	22 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:15 Traveling Treats 2:45 Journal Books 3:15 DIY: Autumn Garlands 3:30 Fall Decorating 4:00 Reminiscing: Advice from Centenarians 5:30 Evening Movie & Snack	23 10:00 Music Time with Rick & Debbie – L 11:00 Stroll in the Garden – G 1:15 One on One 2:15 Baking Club: Pumpkin Bars – 2 nd 3:00 Getting our Legs Moving 3:30 Ten Pin Bowling 4:00 Reminiscing: How do you make a..? 5:30 Ray Charles Sing-Along 6:15 Aromatherapy & Hand Massages	24 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 3:15 Happy Hour – L Drink Special: Apple Cider Sangria 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	25 9:30 Fresh Faces 10:30 Scenic Drive 1:15 Relax & Restore 2:00 Match it 3:00 Sit & Sort 3:30 Reading Comic Strips 4:00 Reminiscing: One Hit Wonders 5:30 TV Showing: America's Funniest Videos
26 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 DIY: Pinecone Apple Trees – 2 nd 3:15 Relax & Restore Spa – 2 nd 4:00 Reminiscing: 5:30 Evening Stretches	27 9:30 Fresh Faces 10:00 Hydrate and Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:30 DIY: Mini Scarecrows 3:15 Exploring YouTube: Travel Europe 4:00 Reminiscing: Most Popular Drinks 5:30 Evening Movie & Snack	28 10:00 Church with Chaplain George 10:00 Catholic Mass – 2 nd 1:15 One on One 1:30 Music Therapy with Tim 2:30 DIY: Flower Pencils 3:15 Baking Club: Strawberry Oatmeal Bars-2 4:00 Reminiscing: Best Neighbors 5:30 Porch Talk 6:00 Aromatherapy & Hand Massages	29 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 Folding Baby Clothes 2:30 Folk Songs Sing-Along 3:00 Coffee Milkshakes Social – 2 nd 3:30 DIY: Heart Pins 4:00 Reminiscing: Vintage Baby Gear 5:30 Evening Movie & Snack	30 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:15 Apple Cider Social – 2 nd 3:15 Armchair Travel: Boston 3:30 Hearts BINGO! 4:00 Reminiscing: 1950's Movies 5:30 TV Showing Cheers 6:15 Aromatherapy & Hand Massages		

****ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS****