



# September 2021

# Sodalis Largo

# Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>KEY TO COLOR CODES:</b> <b>MUSIC / PARTY / SOCIAL</b> <b>OUTING (SIGN-UP @ DESK)</b> <b>BRAIN GAME CLUB</b> <b>SPIRITUAL</b> <b>FITNESS</b> <b>THERAPY</b>	<b>LOCATION KEY</b> L – 1 <sup>st</sup> Floor Lobby DR – Dining Room 2 <sup>nd</sup> – 2 <sup>nd</sup> Floor Lobby FD – Front Desk G – Garden 3 <sup>rd</sup> – Memory Care Lobby	<b>HAPPY BIRTHDAY!</b> Mary Ann “Annie” D. – 6 <sup>th</sup> Connie L. – 17 <sup>th</sup> John “Mike” W. – 17 <sup>th</sup> Grace B. – 19 <sup>th</sup>	<b>1</b> 9:00 Walking Club – G 10:00 Bookmobile – Front Porch 2:00 Traveling Treats 3:00 Card Game: UNO – 2 <sup>nd</sup> 3:45 Paper Clip Chain Race – 2 <sup>nd</sup> 4:15 Scattergories – L 6:00 Evening Stretches – 2 <sup>nd</sup>	<b>2 Nat'l Blueberry Popsicle Day</b> 9:00 Walking Club – G 10:00 Music with Craig – L 11:15 Exercise with Therapy – 2 <sup>nd</sup> 2:00 DIY: Blueberry Popsicles – 2 <sup>nd</sup> 3:15 Dice Game: Six – 2 <sup>nd</sup> 4:15 Wordplay – L 6:30 Bible Study – 2 <sup>nd</sup>	<b>3</b> 9:00 Walking Club – G 10:00 Coffee & Conversation – 2 <sup>nd</sup> 10:30 Pet Therapy with Tim & Charlie – 2 <sup>nd</sup> 11:00 Morning Exercise – 2 <sup>nd</sup> 2:00 Four Corners BINGO! – DR 3:15 Happy Hour / Music with Tara – L Drink Special: Pina Colada 5:45 Growing Gardens Club – 3 <sup>rd</sup>	<b>4 Int'l Bacon Day</b> 10:00 Chair Yoga Exercise Class – 2 <sup>nd</sup> 10:30 Scenic Drive 1:15 Garbage Card Game – 2 <sup>nd</sup> 2:00 Baking Club: Macadamia Nut Chocolate Chip Cookies – 2 <sup>nd</sup> 3:00 Manicures – 2 <sup>nd</sup> 4:30 Hollywood Movie Trivia – L 6:30 Netflix Pick – 2 <sup>nd</sup>
<b>5</b> 10:30 Helping Hands with Jason – DR 1:10 Rays VS Twins – L 1:15 Cover the Number – 2 <sup>nd</sup> 2:00 Relax & Restore Spa – 2 <sup>nd</sup> 3:30 Flip & Reminisce – 2 <sup>nd</sup> 6:30 Netflix Pick – 2 <sup>nd</sup>	<b>6 Labor Day</b> 9:00 Walking Club – G 10:00 Exercise with Therapy – 2 <sup>nd</sup> 10:30 Game Table: Table Hockey – 2 <sup>nd</sup> 1:00 Scenic Drive / Out for Dessert Rita's 1:15 Bridge-O – 2 <sup>nd</sup> 2:00 Let's Talk: Athletes Salaries – 2 <sup>nd</sup> 3:15 DIY: Beading Jewelry – 2 <sup>nd</sup>	<b>7</b> 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 <sup>nd</sup> 1:15 Craft it Club: Postcards – 2 <sup>nd</sup> 2:00 BINGO! – DR 3:15 Card Game: 7's – 2 <sup>nd</sup> 4:30 Tuesday Trivia – L 6:15 Wheel of Fortune – L	<b>8 Int'l Literacy Day</b> 9:00 Walking Club – G 10:00 Target Shopping 1:15 Dice Game: Left Right Center – 2 <sup>nd</sup> 2:00 Men's Group Outing: Automobile Museum 2:15 Traveling Treats 3:00 Table Game: Scrabble – 2 <sup>nd</sup> 4:15 Run the Alphabet – L	<b>9 Nat'l Teddy Bear Day</b> 9:00 Walking Club 10:00 Exercise with Therapy – 2 <sup>nd</sup> 1:15 Card Game: Old Maid – 2 <sup>nd</sup> 2:15 Craft it Club: No-Sew Sock Teddy Bears – 2 <sup>nd</sup> 3:15 Writing Club – 2 <sup>nd</sup> 4:15 List It! – L 6:30 Bible Study – 2 <sup>nd</sup>	<b>10</b> 9:00 Walking Club – G 10:00 Coffee & Conversation – 2 <sup>nd</sup> 10:30 Morning Exercise – 2 <sup>nd</sup> 11:00 Ball Toss – 2 <sup>nd</sup> 2:00 Postage Stamp BINGO! – DR 3:15 Happy Hour & Karaoke – L Drink Special: Spiked Lemonade 5:45 Bird Watchers Club – G	<b>11 Patriot Day</b> 10:00 Chair Yoga Exercise Class – 2 <sup>nd</sup> 10:30 Scenic Drive 1:15 Garbage Card Game – 2 <sup>nd</sup> 2:15 Patriotic Paint by Number – 2 <sup>nd</sup> 3:00 Manicures – 2 <sup>nd</sup> 4:30 Finishing 6:30 Netflix Pick – 2 <sup>nd</sup>
<b>12 Grandparents Day</b> 10:30 Helping Hands with Jason – DR 1:10 Rays VS Tigers – L 1:15 Cover the Number – 2 <sup>nd</sup> 2:00 Healthy Living: Fruit Salad – 2 <sup>nd</sup> 3:30 The Encouragement Game – 2 <sup>nd</sup> 6:30 Netflix Pick – 2 <sup>nd</sup>	<b>13 Nat'l Peanut Day</b> 9:00 Walking Club – G 10:00 Exercise with Therapy – 2 <sup>nd</sup> 10:30 Game Table: Mini Bowling – 2 <sup>nd</sup> 1:15 Dominoes – 2 <sup>nd</sup> 2:00 Talk About it: Most Common Food Allergies – 2 <sup>nd</sup> 3:15 Baking Club: Peanut Butter Cookies – 2 <sup>nd</sup> 6:15 Armchair Travel: Brazil – 2 <sup>nd</sup>	<b>14 Nat'l Coloring Day</b> 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 <sup>nd</sup> 1:15 Color by Number – 2 <sup>nd</sup> 2:00 BINGO! – DR 3:15 Card Game: Rummy – 2 <sup>nd</sup> 4:30 Cody's Original Roadhouse	<b>15</b> 9:00 Walking Club – G 10:00 Bookmobile – Front Porch 10:00 Dollar Tree Shopping 1:15 Dice Game: Pig – 2 <sup>nd</sup> 2:15 Traveling Treats 3:00 Craft it Club: Chunky Tassel Bookmarks – 2 <sup>nd</sup> 4:00 Family Night – L	<b>16 Mexico Independence Day</b> 9:00 Walking Club – G 9:00 Florida Botanical Gardens 10:00 Exercise with Therapy – 2 <sup>nd</sup> 1:15 Card Game: Casino War – 2 <sup>nd</sup> 2:15 Guacamole Class Social – 2 <sup>nd</sup> 3:15 Writing Club – 2 <sup>nd</sup> 4:15 Wordplay – L 6:30 Bible Study – 2 <sup>nd</sup>	<b>17</b> 9:00 Walking Club – G 10:00 Coffee & Conversation – 2 <sup>nd</sup> 10:30 Pet Therapy with Tim & Charlie – 2 <sup>nd</sup> 11:00 Morning Exercise – 2 <sup>nd</sup> 2:00 Five-in-a-Row BINGO! – DR 3:15 Happy Hour & Games – L Drink Special: Root Beer Floats 5:45 Growing Gardens Club – 3 <sup>rd</sup>	<b>18</b> 10:00 Classic Car Show – Parking Lot 11:00 Chair Yoga Exercise Class – 2 <sup>nd</sup> 1:15 Garbage Card Game – 2 <sup>nd</sup> 2:00 Baking Club: Banana Bread Mini Muffins – 2 <sup>nd</sup> 3:00 Manicures – 2 <sup>nd</sup> 4:30 World Capitals Trivia – L 6:30 Netflix Pick – 2 <sup>nd</sup>
<b>19 Talk like a Pirate Day</b> 10:30 Helping Hands with Jason – DR 1:10 Rays VS Tigers – L 1:15 Cover the Number – 2 <sup>nd</sup> 2:00 Sharing Funny Stories Social – 2 <sup>nd</sup> 3:30 Craft it Club: Origami Parrots – 2 <sup>nd</sup> 6:30 Netflix Pick – 2 <sup>nd</sup>	<b>20 Nat'l Rum Punch Day</b> 9:00 Walking Club – G 10:00 Exercise with Therapy – 2 <sup>nd</sup> 10:30 Game Table: Table Tennis – 2 <sup>nd</sup> 1:00 Liberty Thrift Store 1:15 Wii Sports – L 2:15 Rum Punch Popsicles Social – G 3:15 Spill and Spell – 2 <sup>nd</sup> 6:15 Exploring YouTube:	<b>21</b> 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 <sup>nd</sup> 1:30 Food & Resident Council – DR 3:00 Card Game: UNO – 2 <sup>nd</sup> 4:30 Veteran's Spaghetti Dinner @ the Elks Lodge 6:15 Wheel of Fortune – L	<b>22 Start of Fall</b> 9:00 Walking Club – G 10:00 Publix Shopping 1:15 Dice Game: Going to Boston – 2 <sup>nd</sup> 2:00 BINGO! – DR 2:15 Traveling Treats 3:15 Craft it Club: Autumn Garlands – 2 <sup>nd</sup> 4:15 Scattergories – L 6:15 Autumn Paint by Number – 2 <sup>nd</sup>	<b>23</b> 9:00 Walking Club – G 10:00 Music Time with Rick & Debbie – L 11:15 Exercise with Therapy – 2 <sup>nd</sup> 1:15 Card Game: 7's – 2 <sup>nd</sup> 2:15 Baking Club: Pumpkin Bars – 2 <sup>nd</sup> 3:15 Writing Club – 2 <sup>nd</sup> 4:30 List It! – L 6:30 Bible Study – 2 <sup>nd</sup>	<b>24</b> 9:00 Walking Club – G 10:00 Coffee & Conversation – 2 <sup>nd</sup> Autumn A to Z 10:30 Morning Exercise – 2 <sup>nd</sup> 11:00 Flickin' Chicken – 2 <sup>nd</sup> 2:00 Swap BINGO! – DR 3:15 Happy Hour & – L Drink Special: Apple Cider Sangria 5:45 Bird Watchers Club – G	<b>25 Nat'l Daughter's Day</b> 10:00 Chair Yoga Exercise Class – 2 <sup>nd</sup> 10:30 Scenic Drive 1:15 Garbage Card Game – 2 <sup>nd</sup> 2:15 Caring Cards – 2 <sup>nd</sup> 3:00 Manicures – 2 <sup>nd</sup> 4:30 Finishing 6:30 Netflix Pick – 2 <sup>nd</sup>
<b>26 Johnny Appleseed Day</b> 10:30 Helping Hands with Jason – DR 1:10 Rays VS Marlins – L 1:15 Cover the Number – 2 <sup>nd</sup> 2:00 Craft it Club: Pinecone Apple Trees – 2 <sup>nd</sup> 3:15 Relax & Restore Spa – 2 <sup>nd</sup> 6:30 Netflix Pick – 2 <sup>nd</sup>	<b>27 World Tourism Day</b> 9:00 Walking Club – G 10:00 Exercise with Therapy – 2 <sup>nd</sup> 10:30 Game Table: Pool – 2 <sup>nd</sup> 1:15 Dominoes – 2 <sup>nd</sup> 2:15 Talk About it: Why is Tourism Important? – 2 <sup>nd</sup> 4:30 Travel Trivia – L 6:15 Armchair Travel: Hawaiian Islands	<b>28 Ed Sullivan Birthday</b> 9:00 Walking Club – G 10:00 Church with Chaplain George – G 10:00 Catholic Mass – 2 <sup>nd</sup> 11:15 Sit & Stretch – 2 <sup>nd</sup> 1:30 Music Therapy with Tim – 3 <sup>rd</sup> 2:00 BINGO! – DR 3:15 Baking Club: Strawberry Oatmeal Bars – 2 <sup>nd</sup> 4:15 Tuesday Trivia – L 6:00 Ed Sullivan Show – L	<b>29 Nat'l Coffee Day</b> 9:00 Walking Club – G 10:00 Bookmobile – Front Porch 10:00 Morning Stretch – 2 <sup>nd</sup> 11:00 Olive Garden 2:00 Dice Game: Stuck in the Mud – 2 <sup>nd</sup> 3:00 Coffee Milkshakes Social – 2 <sup>nd</sup> 4:15 Run the Alphabet – L 6:15 Exploring YouTube: How Coffee is Made – 2 <sup>nd</sup>	<b>30 Nat'l Hot Mulled Cider Day</b> 9:00 Walking Club 9:00 John S. Taylor Park 10:00 Exercise with Therapy – 2 <sup>nd</sup> 1:15 Card Game: Spoons – 2 <sup>nd</sup> 2:15 Apple Cider Social – 2 <sup>nd</sup> 3:15 Writing Club – 2 <sup>nd</sup> 4:15 Wordplay – L 6:30 Bible Study – 2 <sup>nd</sup>		

**\*\* ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS \***