


July 2021 Sodalis Largo Memory Care Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY TO COLOR CODES: MUSIC / GATHERING OUTING SPIRITUAL FITNESS CREATIVE THERAPY	HAPPY BIRTHDAY! John T. – 3 rd Despina “Dianne” P. – 13 th Thomas G. – 22 nd Judy C. – 31 st			1 10:00 Music with Craig – L 1:15 One on One 2:00 Snakes & Ladders 2:45 Views from Above 3:15 Reminiscing: What's That? 3:30 Animal Chair Yoga & Aromatherapy 4:00 Reminiscing: Toys from the Past 5:30 Gospel Sing-Along 6:15 Aromatherapy & Hand Massages	2 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 3:15 Happy Hour – L 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	3 9:30 Fresh Faces 10:30 Hydrate & Snack 1:15 Relax & Restore 2:00 DIY: Wind Streamers 3:00 Summer Coloring 3:30 Balloon Toss 4:00 Reminiscing: Remember These Dishes 5:30 TV Showing: Bewitched
4 Independence Day 9:30 Fresh Faces 10:00 Catholic Communion – 2 nd 1:15 One on One 2:00 Catching Ducks 3:00 DIY: Flag Plates 4:00 Reminiscing: What Advice Would You Give? 5:30 Firework Cupcakes 6:00 AFV Show	5 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 Reminiscing: Name the Decade 2:30 What's Cooking? 3:15 DIY: Watercolor Silhouettes 4:00 Reminiscing: Summer Games 5:30 Hershey Kiss Matching 6:00 Gentle Chair Yoga & Aromatherapy	6 Int'l Kissing Day 9:30 Fresh Faces 10:00 Church with Chaplain George 1:15 One on One 2:00 Hearts BINGO! 2:30 Passing Out Kisses 3:00 DIY: Lip Print Wall Art 4:00 Reminiscing: Favorite Foods 5:30 Dominoes 6:00 Aromatherapy & Hand Massages	7 World Chocolate Day 10:00 Music with Tara – L 1:15 One on One 2:00 Garbage Card Game 2:30 Pasta Pictionary 3:00 Walk, Don't Run! 3:30 Puzzle Time 4:00 Reminiscing: When is it Ripe? 5:30 What a Pair 6:15 Frozen Hot Chocolate Social – L	8 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:30 Beach Ball Toss 3:30 Cover the Number 4:00 Reminiscing: Soda Fountains 5:30 Baking Club: Sugar Cookies 6:00 Artistic Cookies	9 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 3:15 Happy Hour – L 4:00 Reminiscing: Cookies – True or False 5:30 Evening Movie & Popcorn	10 Nat'l Pina Colada Day 9:30 Fresh Faces 10:30 Hydrate & Snack 1:15 Relax & Restore 2:15 Pina Coladas on the Patio – G 3:00 Bean Bag Boot Toss 4:00 Reminiscing: Name That Kennedy 5:30 TV Showing: Lassie
11 Blueberry Muffins Day 9:30 Fresh Faces 10:00 Baking Club: Blueberry Muffins 1:15 One on One 2:00 Wild Horse Watch 2:30 Mix n' Match 3:00 DIY: Pom-Pom Animals 4:00 Reminiscing: Iconic Dep. Stores 5:30 Silly Pet Photos 6:00 AFV Show	12 9:30 Fresh Faces 10:00 Porch Visits 1:15 One on One 2:15 DIY: Pinch Pots – 2 nd 2:45 Nature Butterflies 3:15 Marshmallow Golf 4:00 Reminiscing: How do you say that? 5:30 Glowing Ring Toss 6:00 Gentle Chair Yoga & Aromatherapy	13 Nat'l French Fry Day 9:30 Fresh Faces 10:00 Church with Chaplain George 1:15 One on One 2:00 Milk Jug Toss 2:30 How to Milk a Cow 3:15 French Fry Social – L 4:00 Reminiscing: Adding Flavor 5:30 Little Thanks 6:00 DIY: Twig Boats	14 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 War Card Game 3:00 Beach Ball Toss 4:00 Reminiscing: Favorite Comfort Foods 5:30 DIY: Kindness Rocks 6:30 1950's Movie Posters	15 Nat'l Gummi Worm Day 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 Sorting & Organizing 2:30 Ice Cream Truck Visit – Front Porch 3:45 DIY: Painted Pots 4:00 Reminiscing: After School Snacks 5:30 Sweet or Sour? 6:15 Aromatherapy & Hand Massages	16 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 What's the Sport? 2:30 Coloring Calm 3:15 Happy Hour – L 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	17 Nat'l Peach Ice Cream Day 9:30 Fresh Faces 10:30 Hydrate & Snack 1:15 Relax & Restore 2:15 Making Peach Ice Cream – 2 nd 3:00 Balloon Toss 3:30 Coloring Calm 4:00 Laugh Break 5:30 TV Showing: Andy Griffith
18 Nat'l Ice Cream Day 9:30 Fresh Faces 10:00 Leg Exercises 1:15 One on One 2:00 Root Beer Floats Social – L 2:30 Knock Knock 3:00 DIY: Rainbow Heart Suncatchers 4:00 Reminiscing: Favorite Ice Cream Flavors 5:30 Mix n' Match 6:00 AFV Show	19 Nat'l Daiquiri Day 9:30 Fresh Faces 10:00 Porch Visits 1:15 One on One 2:15 Daiquiris on the Patio – G 2:30 What's Cooking? 3:15 Coloring Artwork 4:00 Reminiscing: Favorite Drinks 5:30 What a Pair 6:00 Gentle Chair Yoga & Aromatherapy	20 Nat'l Lollipop Day 9:30 Fresh Faces 10:00 Church with Chaplain George – G 1:30 Music Therapy with Tim 2:00 Soccer Kicks 2:30 Homemade Lollipops – 2 nd 3:00 Sea Art 4:00 Reminiscing: Favorite Childhood Candy 5:30 Dominoes 6:00 Aromatherapy & Hand Massages	21 Nat'l Hot Dog Day 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 7's Card Game 2:30 Reminiscing: Best Daytime Snacks 3:00 DIY: Diamond Art 4:00 Family Night 6:15 Bean Bag Toss	22 10:00 Music Time with Rick & Debbie – L 1:15 One on One 2:00 Spot the Difference 3:15 Frisbee Toss 3:30 Pom-Pom Planters 4:00 Reminiscing: Where to put Houseplants 5:30 Ball Toss 6:15 Aromatherapy & Hand Massages	23 Nat'l PB & Chocolate Day 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 3:15 PB & Chocolate Happy Hour – L 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	24 Tell an Old Joke Day 9:30 Fresh Faces 10:30 Hydrate & Snack 1:15 Relax & Restore 2:15 Why Did the Chicken Cross the Road Social – 2 nd 3:00 Toss n' Spell 4:00 Reminiscing: From Scratch 5:30 TV Showing: Cheers
25 9:30 Fresh Faces 10:00 Morning Stretches 1:15 One on One 2:00 Who Can Throw the Farthest? 2:30 Favorite Foods of First Ladies 3:00 DIY: Glitter Patch Pins 4:00 Reminiscing: Favorite Aunties 5:30 Baking Like First Ladies 6:00 Baseball Cookies	26 Nat'l Coffee Milkshake Day 9:30 Fresh Faces 10:00 Porch Visits 1:15 One on One 2:15 Coffee Milkshakes & NYC Fun Facts Social – 2 nd 3:15 DIY: Coffee Filter Flowers 4:00 Reminiscing: Coffee Then & Now 5:30 Armchair Travel: Caribbean 6:00 Gentle Chair Yoga & Aromatherapy	27 10:00 Church with Chaplain George 10:00 Catholic Mass – 2 nd 1:15 One on One 2:00 Puzzle Time 2:30 Oldest Living Celebrities 3:00 Caramel Apple Lollipops 4:00 Reminiscing: Longest-Living Relatives 5:30 Dominoes 6:00 Aromatherapy & Hand Massages	28 9:30 Fresh Faces 10:00 Hydrate and Snack 1:15 One on One 2:00 Old Maid Card Game 2:30 Painting Llamas 3:00 Chocolate Mug Cakes 4:00 Reminiscing: Bedtime Rituals 5:30 What a Pair 6:00 Bean Bag Toss	29 9:30 Fresh Faces 10:00 Hydrate & Snack 1:15 One on One 2:00 Symmetry Test 2:30 Saturn Ring Toss 3:00 DIY: Fingerprint Bugs 4:00 Reminiscing: Favorite Italian Foods 5:30 Ball Toss 6:15 Aromatherapy & Hand Massages	30 Int'l Day of Friendship 9:30 Fresh Faces 10:00 Hydrate & Snack 10:30 Stroll in the Garden – G 1:15 One on One 2:00 Coloring Calm 2:30 Virtual Visit to Henry Ford Museum 3:15 Happy Hour – L 4:00 Before Dinner Sip & Chat 5:30 Evening Movie & Popcorn	31 Nat'l Avocado Day 9:30 Fresh Faces 10:30 Hydrate & Snack 1:15 Relax & Restore 2:15 Making Guacamole – 2 nd 2:30 Balloon Toss 3:00 What Goes Together? 4:00 Reminiscing: Five & Dime Fun Facts 5:30 TV Showing: Lawrence Welk Show

****ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS****