

July 2021 Sodalis Largo Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY TO COLOR CODES: MUSIC / PARTY / SOCIAL OUTING (SIGN-UP @ DESK) MINDFUL CREATIVE SPIRITUAL CLUB FITNESS THERAPY	LOCATION KEY L – 1 st Floor Lobby DR – Dining Room 2 nd – 2 nd Floor Lobby FD – Front Desk G – Garden 3 rd – Memory Care Lobby	HAPPY BIRTHDAY! John T. – 3 rd Despina “Dianne” P. – 13 th Thomas G. – 22 nd Judy C. – 31 st		1 Canada Day 9:00 Walking Club – G 10:00 Music with Craig – L 11:15 Sit & Stretch Exercise – 2 nd 1:15 Craft It Club: Canada Day Pins – 2 nd 2:15 Canada Day Social – L 3:15 Dice Game: L.R.C. – 2 nd 4:15 Wordplay – L 6:30 Bible Study – 2 nd	2 9:00 Walking Club – G 10:00 Sip & Socialize Coffee Bar – 2 nd 10:45 Morning Exercise – 2 nd 11:15 Tennis Ball Target – 2 nd 11:30 Fact OR Fiction – L 2:00 Five in a Row BINGO! – DR 3:15 Happy Hour – L Drink Special: Sangria 5:45 Growing Gardens Club – 2 nd	3 10:00 Chair Yoga – 2 nd 10:45 Shuffleboard – 2 nd 11:30 Fruit or Vegetable? – L 1:15 Garbage Card Game – 2 nd 2:15 Mystery Food Tasting – 2 nd 3:00 Manicures – 2 nd 6:15 Netflix Pick – L
4 Independence Day 10:00 Catholic Mass – 2 nd 10:30 Helping Hands with Jason – DR 1:10 Rays VS Blue Jays Game – L 1:30 Cover the Number – 2 nd 3:00 Craft It Club: Flag Plates – 3 rd 3:30 Wii Sports – 2 nd 6:15 Netflix Pick – L	5 Venezuela's Independence Day 9:00 Walking Club – G 10:00 Noodle Ball – 2 nd 1:15 7's Card Game – 2 nd 2:15 Watercolor Silhouettes – 2 nd 3:15 Baking Club: Polvorosas Cookies – 2 nd 4:30 Scientific Trivia – L 6:15 Casino War – 2 nd	6 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 nd 1:15 UNO Card Game – 2 nd 3:00 Folding Paper Boats – 2 nd 4:15 Tuesday Trivia – L 6:00 Craft It Club: Frida Peg Dolls – 2 nd	7 World Chocolate Day 9:00 Walking Club – G 9:30 Bookmobile – Front Porch 10:00 Music with Tara – L 11:00 Red Lobster 2:00 Dominoes – 2 nd 3:00 Traveling Treats 3:45 Wheel of Fortune – 2 nd 4:15 Run the Alphabet – L 6:15 Frozen Hot Chocolate Social – L	8 Louis Jordan's Birthday 9:00 Walking Club – G 10:00 Sit & Stretch Exercise – 2 nd 10:30 Ball Toss – 2 nd 1:15 Name That Tune Social – 2 nd 2:30 InstruMix – 3 rd 3:30 Dice Game: Pig – 2 nd 4:15 List It! – L 6:30 Bible Study – 2 nd	9 Nat'l Sugar Cookie Day 9:00 Walking Club – G 10:00 Sip & Socialize Coffee Bar – 2 nd 10:45 Morning Exercise – 2 nd 11:15 Racket Balloon – 2 nd 11:30 Rhyme Time – L 2:00 Postage Stamp BINGO! – DR 3:15 Happy Hour – L Drink Special: Sugar Cookie Martini 5:45 Bird Watchers Club – G	10 Nat'l Pina Colada Day 10:00 Chair Yoga – 2 nd 10:45 Table Hockey – 2 nd 11:30 Finishing Lines – L 1:15 Garbage Card Game – 2 nd 2:15 Pina Coladas on the Patio – G 3:00 Manicures – 2 nd 6:15 Netflix Pick – L
11 Blueberry Muffins Day 10:00 Baking Club: Blueberry Muffins – 3 rd 10:30 Helping Hands with Jason – DR 1:10 Rays VS Blue Jays Game – L 1:15 Cover the Number – 2 nd 2:00 Scenic Drive 3:30 Craft It Club: Origami Birds – 2 nd 4:30 Who Got Married? – L 6:15 Writing Club – 2 nd 6:30 Netflix Pick – L	12 9:00 Walking Club – G 10:00 Noodle Ball – 2 nd 1:00 Out for Dessert: McDonalds 1:15 Bridge-O Card Game – 2 nd 2:15 Craft It Club: Pinch Pots – 2 nd 3:15 Marshmallow Golf – 2 nd 4:30 Who's This Star? – L 6:15 Glowing Ring Toss – 2 nd	13 Nat'l French Fry Day 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 nd 2:00 Sweets BINGO! – DR 3:15 French Fry Social – L 4:15 Tuesday Trivia – L 6:00 You Be the Judge – 2 nd	14 9:00 Walking Club – G 10:00 Winn Dixie 1:15 Rummy Card Game – 2 nd 2:15 Craft It Club: Kindness Rocks – 2 nd 3:00 Traveling Treats 3:30 Wii Sports – 2 nd 4:15 Scattergories – L 6:15 Caring Cards – 2 nd	15 9:00 Walking Club – G 10:00 Sit & Stretch Exercise – 2 nd 10:30 Flickin' Chicken – 2 nd 1:15 Dice Game: Stuck in the Mud – 2 nd 2:30 Ice Cream Truck Visit – Porch 3:30 Painting Daffodils – 2 nd 4:15 Wordplay – L 6:30 Bible Study – 2 nd	16 9:00 Walking Club – G 10:00 Sip & Socialize Coffee Bar – 2 nd 10:45 Morning Exercise – 2 nd 11:15 Balloon Volleyball – 2 nd 11:30 Riddle Me This – L 2:00 Four Corners BINGO! – DR 3:15 Happy Hour – L Drink Special: Wine Spritzer 5:45 Growing Gardens Club – G	17 Nat'l Peach Ice Cream Day 10:00 Chair Yoga – 2 nd 10:45 Mini Bowling – 2 nd 11:30 What's the Word? – L 1:15 Garbage Card Game – 2 nd 2:15 Making Peach Ice Cream – 2 nd 3:00 Manicures – 2 nd 6:15 Netflix Pick – L
18 Nat'l Ice Cream Day 10:00 Word Search Pickup – FD 10:30 Helping Hands with Jason – DR 1:15 Cover the Number – 2 nd 1:20 Rays VS Braves Game – L 2:00 Root Beer Floats Social – L 3:00 Craft It Club: Paper Flowers – 2 nd 4:30 Space Trivia – L 6:15 Evening Stretches – 2 nd 6:30 Netflix Pick – L	19 Nat'l Daiquiri Day 9:00 Walking Club – G 10:00 Noodle Ball – 2 nd 1:00 Salvation Army 1:15 7's Card Game – 2 nd 2:15 Daiquiris on the Patio – G 3:15 Ten Pin Bowling – 2 nd 4:30 Odd Man Out Trivia – L 6:15 L.R.C. Dice Game – 2 nd	20 Nat'l Lollipop Day 9:00 Walking Club – G 10:00 Church with Chaplain George – G 11:15 Sit & Stretch – 2 nd 1:30 Food & Resident Council – DR 2:30 Homemade Lollipops – 2 nd 3:15 Moon Facts or Fiction – 2 nd 4:30 Veteran's Spaghetti Dinner @ the Elks Lodge 6:00 Lollipops & Reminiscing – L	21 Nat'l Hot Dog Day 9:00 Walking Club – G 9:30 Bookmobile – Front Porch 10:00 Morning Stretch – 2 nd 11:00 Chili's Grill & Bar 2:00 Dominoes – 2 nd 2:30 Traveling Treats 3:00 Flip & Reminiscence – 2 nd 4:00 Family Night – L	22 9:00 Walking Club – G 10:00 Music Time with Rick & Debbie – L 11:15 Sit & Stretch Exercise – 2 nd 1:15 Dice Game: Six – 2 nd 3:30 Craft It Club: Pom-pom Planters – 2 nd 4:15 List It! – L 6:00 Water Balloon Toss – G 6:30 Bible Study – 2 nd	23 Nat'l PB & Chocolate Day 9:00 Walking Club – G 10:00 Sip & Socialize Coffee Bar – 2 nd 10:30 Morning Exercise – 2 nd 11:00 Craft It Club: Summer Fairy Pots – 3 rd 11:30 Palindrome Phrases – L 2:00 Swap BINGO! – DR 3:15 Happy Hour – L Drink Special: PB Chocolate Cocktail 5:45 Bird Watchers Club – G	24 Tell an Old Joke Day 10:00 Chair Yoga – 2 nd 10:45 Table Tennis – 2 nd 11:30 Finishing Words – L 1:15 Garbage Card Game – 2 nd 2:15 Why Did the Chicken Cross the Road..? Social – 2 nd 3:00 Manicures – 2 nd 6:15 Netflix Pick – L
25 10:00 Word Search Pickup – FD 10:30 Helping Hands with Jason – DR 1:10 Rays VS Indians Game – L 1:15 Cover the Number – 2 nd 2:00 Scenic Drive 3:30 Tell a Story Social – 2 nd 4:30 Guess which President – L 6:15 Writing Club – 2 nd 6:30 Netflix Pick – L	26 Nat'l Coffee Milkshake Day 9:00 Walking Club – G 10:00 Noodle Ball – 2 nd 1:15 Bridge-O Card Game – 2 nd 2:15 Coffee Milkshakes & NYC Fun Facts Social – 2 nd 3:15 Watercolor Painting – 2 nd 4:30 Guess Who – L 6:15 Casino War – 2 nd	27 9:00 Walking Club – G 10:00 Church with Chaplain George – G 10:00 Catholic Mass – 2 nd 11:15 Sit & Stretch – 2 nd 1:30 Music Therapy with Tim – 3 rd 2:00 Prize BINGO! – DR 3:15 Men's Group – 2 nd 4:15 Tuesday Trivia – L 6:00 Table Games – 2 nd	28 9:00 Walking Club – G 10:00 Dollar Tree 1:15 Rummy Card Game – 2 nd 2:15 Drawing Fun – 2 nd 3:00 Traveling Treats 3:30 Craft It Club: Clothespin Fish – 2 nd 4:15 Run the Alphabet – L 6:15 Organizing Bingo Chips – 2 nd	29 9:00 Walking Club – G 10:00 Sit & Stretch Exercise – 2 nd 10:30 Bean Bag Toss – 2 nd 1:15 Dice Game: Going to Boston – 2 nd 2:00 Making Smoothies – 2 nd 3:00 Craft It Club: Paper Umbrellas – 2 nd 4:15 Wordplay – L 6:30 Bible Study – 2 nd	30 Int'l Day of Friendship 9:00 Walking Club – G 10:00 Sip & Socialize Coffee Bar – 2 nd 10:45 Morning Exercise – 2 nd 11:15 Water Coin Drop Game – 2 nd 11:30 Guess the Presley Song – L 2:00 Cover All BINGO! – DR 3:15 Happy Hour – L Drink Special: 5:45 Growing Gardens Club – G	31 Nat'l Avocado Day 10:00 Chair Yoga – 2 nd 10:45 Backgammon – 2 nd 11:30 Two-Tips Trivia – L 1:15 Garbage Card Game – 2 nd 2:15 Making Guacamole – 2 nd 3:00 Manicures – 2 nd 6:15 Netflix Pick – L

**** ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS ***