

CONNECTIONS/JULY 2021



SODALIS
STONE OAK

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Get Social</p> <p>Crafts</p> <p>Games</p> <p>Exercise</p>	<p>Calendar Subject To Change</p>		<p><i>Birthdays!</i></p> <p><i>Kathleen 7/9</i></p>	<p>1 9:30 Hair & Nails</p> <p>10:00 Strength & stretch</p> <p>11:00 This or That!?</p> <p>1:00 Daily meditation</p> <p>1:30 Gospel Sing Along</p> <p>2:00 BINGO</p> <p>3:00 Paper Dolls</p> <p>5:30 After Dinner Theater</p>	<p>2 9:30 Hair & Nails</p> <p>10:00 Low Impact Aerobics</p> <p>11:00 Reminiscing</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>3 9:30 Chair Exercise</p> <p>10:00 Tracing Drawing</p> <p>1:00 Magazine Time</p> <p>3:00 BINGO</p>
<p>4 9:30 Coffee and News</p> <p>10:00 Chair Exercise</p> <p>1:30 Hymns/Sing Along</p> <p>2:30 Dominoes</p>	<p>5 9:30 Hair & Nails</p> <p>10:00 Chair Zumba</p> <p>11:00 Ice Breakers</p> <p>1:00 Daily meditation</p> <p>1:30 Gospel Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>6 9:30 Hair & Nails</p> <p>10:00 Golf Putts Lessons</p> <p>11:00 Let's Chat!</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Beach Volleyball</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After dinner</p>	<p>7 9:30 Hair & Nails</p> <p>10:30 Church</p> <p>11:00 Happy Tails</p> <p>1:00 Daily meditation</p> <p>1:30 Gospel Sing Along</p> <p>2:00 Puzzles</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>8 9:30 Hair & Nails</p> <p>10:00 Golf Putts Lessons</p> <p>11:00 This or That!?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing-along</p> <p>2:00 BINGO</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>9 9:30 Hair & Nails</p> <p>10:00 Low Impact Aerobics</p> <p>11:00 Reminiscing</p> <p>1:00 Daily meditation</p> <p>1:30 Gospel Sing Along</p> <p>2:00 Chair Yoga</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>10 9:30 Chair Exercise</p> <p>10:00 Water Painting</p> <p>1:00 Magazine Time</p> <p>3:00 BINGO</p>
<p>11 9:30 Coffee and News</p> <p>10:00 Chair Exercise</p> <p>1:30 Hymns/Sing Along</p> <p>2:30 Dominoes</p>	<p>12 9:30 Hair & Nails</p> <p>10:00 Chair Zumba</p> <p>11:00 Ice Breakers</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Bowling</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After dinner Theater</p>	<p>13 9:30 Hair & Nails</p> <p>10:00 Strength & stretch</p> <p>11:00 Let's Chat!</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Craft Hour</p> <p>5:30 After dinner Theater</p>	<p>14 9:30 Hair & Nails</p> <p>10:30 Church</p> <p>11:00 What's your view?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Puzzles</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>15 9:30 Hair & Nails</p> <p>10:00 Strength & stretch</p> <p>11:00 This or That!?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 BINGO</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>16 9:30 Hair & Nails</p> <p>10:00 Low Impact Aerobics</p> <p>11:00 Reminiscing</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Chair Yoga w/ Michelle</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>17 9:30 Chair Exercise</p> <p>10:00 Water Painting</p> <p>1:00 Magazine Time</p> <p>3:00 BINGO</p>
<p>18 9:30 Coffee and News</p> <p>10:00 Chair Exercise</p> <p>1:30 Hymns/Sing Along</p> <p>2:30 Dominoes</p>	<p>19 9:30 Hair & Nails</p> <p>10:00 Chair Zumba</p> <p>11:00 Ice Breakers</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Craft Hour</p> <p>5:30 After dinner Theater</p>	<p>20 9:30 Hair & Nails</p> <p>10:00 Golf Putts Lessons</p> <p>11:00 Let's Chat!</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Bowling</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After dinner</p>	<p>21 9:30 Hair & Nails</p> <p>10:30 Church with Michelle</p> <p>11:00 What's your view?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Puzzles</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>22 9:30 Hair & Nails</p> <p>10:00 Golf Putts Lessons</p> <p>11:00 This or That!?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 BINGO</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>23 9:30 Hair & Nails</p> <p>10:00 Low Impact Aerobics</p> <p>11:00 Reminiscing</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Chair Yoga</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>24 9:30 Chair Exercise</p> <p>10:00 Water Painting</p> <p>1:00 Magazine Time</p> <p>3:00 BINGO</p>
<p>25 9:30 Coffee and News</p> <p>10:00 Chair Exercise</p> <p>1:30 Hymns/Sing Along</p> <p>2:30 Dominoes</p>	<p>26 9:30 Hair & Nails</p> <p>10:00 Chair Zumba</p> <p>11:00 Ice Breakers</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Bowling</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After dinner Theater</p>	<p>27 9:30 Hair & Nails</p> <p>10:00 Strength & stretch</p> <p>11:00 Let's Chat!</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Craft Hour</p> <p>5:30 After dinner Theater</p>	<p>28 9:30 Hair & Nails</p> <p>10:30 Church</p> <p>11:00 What's your view?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Puzzles</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>29 9:30 Hair & Nails</p> <p>10:00 Mindful Movement</p> <p>11:00 This or That!?</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 BINGO</p> <p>3:00 Craft Hour</p> <p>5:30 After Dinner Theater</p>	<p>30 9:30 Hair & Nails</p> <p>10:00 Low Impact Aerobics</p> <p>11:00 Reminiscing</p> <p>1:00 Daily meditation</p> <p>1:30 Sing Along</p> <p>2:00 Balloon Tennis</p> <p>3:00 Saturn Ring Toss</p> <p>5:30 After Dinner Theater</p>	<p>31 9:30 Chair Exercise</p> <p>10:00 Water Painting</p> <p>1:00 Magazine Time</p> <p>3:00 BINGO</p>