

NOVEMBER 2021



SODALIS
GARDEN RIDGE

MEMORY CARE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|--|---|
| 31 | 1 No Shave November 9:15 Get Fit 10:00 Monday Devotion 10:30 Crafting 1:00 Bingo 3:00 Bowling 6:00 Poetry Reading | 2 9:15 Get Fit 10:00 Devotion & Prayer 10:30 Back Porch Chat 12:30 Pipe Cleaner Butterflies 1:30 Music & Nails 3:00 Noodle Ball 6:00 Tell A Tale | 3 9:15 Sittercise 10:00 News & Views 10:30 Game Day 12:30 Colorful Llamas 1:00 Bingo 3:00 Parachute Fun 6:00 Poetry Reading | 4 9:15 Get Fit 10:00 Devotion & Prayer 10:30 Back Porch Chat 12:30 Pipe Cleaner Butterflies 1:30 Music & Nails 3:00 Noodle Ball 6:00 Tell A Tale | 5 9:15 Morning Stretch 10:00 Paper Dolls 10:30 Balloon Volleyball 12:30 Manicures 1:00 Bingo 3:00 Bowling 6:00 Word Games | 6 9:15 Sittercise 10:00 News & Views 10:30 Summer Coloring 12:30 Limerick Challenge 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia |
| 7 9:15 Sittercise 10:00 Sunday Blessings 10:30 Puffy Paint Flags 12:30 Patriotic Sing Along 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing | 8 9:15 Get Fit 10:00 Monday Devotion 10:30 Baby Stories 12:30 Watercolor Silhouettes 1:00 Bingo 3:00 Target Toss 6:00 Poetry Reading | 9 9:15 Morning Stretch 10:00 Daily News 10:30 Crafting 12:30 Passing Out Kisses 2:00 TJ the entertainer 3:00 Name Game 6:00 It's Humorous | 10 9:15 Sittercise 10:00 News & Views 10:30 Game Day 12:30 Chocolate Tasting 1:00 Bingo 3:00 Parachute Fun 6:00 Evening Chat | 11 9:15 Golf Stretches 10:00 Devotion & Prayer 10:30 Back Porch Chat 12:30 Watercolor Fun 1:30 Judy Garland Sing Along 2:00 Veteran's Day Celebration 6:00 Tell A Tale | 12 9:15 Morning Stretch 10:00 Daily News 10:30 Colorful Landscapes 12:30 Target Toss 1:00 Bingo 3:00 Bowling 6:00 Word Games | 13 9:15 Sittercise 10:00 News & Views 10:30 Beanbag Toss 12:30 Nature Painting 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia |
| 14 9:15 Sittercise 10:00 Sunday Blessings 10:30 Painting 12:30 Pom-Pom Animals 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing | 15 9:15 Get Fit 10:00 Monday Devotion 10:30 Puzzles 12:30 Nature Butterflies 1:00 Bingo 3:00 Balloon Targets 6:00 Poetry Reading | 16 9:15 Morning Exercise 10:00 Daily News 10:30 Favorite Rhymes 12:30 Thank you Notes 1:30 Trivia 3:00 Beautiful Mountains 6:00 It's Humorous | 17 Banana Pudding Lover's 9:15 Sittercise 10:00 News & Views 10:30 Game Day 12:30 Rock Painting 1:00 Bingo 3:00 Noodle Ball 6:00 Evening Chat | 18 9:15 Get Fit 10:00 Devotion & Prayer 10:30 How To Draw 12:30 Ball Toss 1:30 Music & Nails 3:00 Parachute Popcorn 6:00 Tell A Tale | 19 9:15 Morning Stretch 10:00 Daily News 10:30 DC Fun Facts 12:30 Match Game 1:00 Bingo 3:00 Bowling 6:00 Word Games | 20 9:15 Baseball Hits 10:00 News & Views 10:30 Creative Minds 12:30 Laugh Break 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia CAR SHOW- 1:45 |
| 21 9:15 Sittercise 10:00 Sunday Blessings 10:30 Tie Cards 12:30 Rainbow Heart Suncatchers 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing | 22 9:15 Hallway Walk 10:00 Monday Devotion 10:30 Having A Pet 12:30 Beach Volleyball 1:00 Bingo 3:00 Chair Yoga 6:00 Poetry Reading | 23 9:15 Morning Stretch 10:00 Daily News 10:30 Designing Scarves 12:30 Sea Art 1:30 Soothing Sounds 3:00 Making Flashcards 6:00 It's Humorous | 24 9:15 Morning Walk 10:00 News & Views 10:30 Game Day 12:30 Poetry Reading 1:00 Bingo 3:00 Parachute Fun 6:00 Evening Chat | 25 Thanksgiving Day 9:15 Get Fit 10:00 Devotion & Prayer 10:30 Back Porch Chat 12:30 Frisbee Toss 1:30 Music & Nails 3:00 Noodle Ball 6:00 Tell A Tale | 26 9:15 Morning Stretch 10:00 Daily News 10:30 Arts & Crafts 12:30 Water Balloon Toss 1:00 Bingo 3:00 Bowling 6:00 Word Games | 27 9:15 Sittercise 10:00 News & Views 10:30 Watercolor Flowers 12:30 Paper Planes 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia |
| 28 9:15 Sittercise 10:00 Sunday Blessings 10:30 Painting 12:30 Favorite Foods 1:30 Sunday Hymns 3:00 Tossing Game 6:00 Reminiscing | 29 9:15 Get Fit 10:00 Monday Devotion 10:30 Puzzles 12:30 Bowl of Fruit Painting 1:00 Bingo 3:00 Watercolor Canvas 6:00 Poetry Reading | 30 9:15 Morning Stretch 10:00 Daily News 10:30 Juggling Contest 12:30 Matinee 1:30 Outdoor Fun 3:00 Name Game 6:00 It's Humorous | | | Happy Birthday!! Charles Flink 11/13 William Saffeels 11/15 Shelia Lee 11/17 Lauren Cressey 11/10 Elizabeth Davis 11/25 Hilda Barrera 11/29 | |