

# JULY 2021



**SODALIS**  
GARDEN RIDGE

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Happy Birthday!!!</b></p> <p>Betty L. 12<sup>th</sup> Janet 22<sup>th</sup> Edwin 26<sup>th</sup></p>			<p><b>1</b> 9:15 Get Fit 10:00 Gospel Sing Along 10:30 Back Porch Chat 12:30 Colorful Bookmarks 1:30 Music Appreciation 3:00 Bowling 6:00 Tell A Tale</p>	<p><b>2</b> 9:15 Morning Stretch 10:00 Paper Dolls 10:30 Balloon Volleyball 12:30 Manicures 1:30 Let's Dance 3:00 Bowling 6:00 Word Games</p>	<p><b>3</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Summer Coloring 12:30 Limerick Challenge 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia</p>
<p><b>4</b> 9:15 Sittercise 10:00 Sunday Blessings 10:30 Puffy Paint Flags 12:30 Patriotic Sing Along 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing</p>	<p><b>5</b> 9:15 Get Fit 10:00 Monday Devotion 10:30 Puzzles 12:30 Watercolor Silhouettes 1:30 Noodle Ball 3:00 Target Toss 6:00 Poetry Reading</p>	<p><b>6</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Crafting 12:30 Passing Out Kisses 1:30 Soothing Sounds 3:00 Name Game 6:00 It's Humorous</p>	<p><b>7</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Game Day 12:30 Chocolate Tasting 1:30 Bracelet Making 3:00 Parachute Fun 6:00 Evening Chat</p>	<p><b>8</b> 9:15 Golf Stretches 10:00 Devotion &amp; Prayer 10:30 Back Porch Chat 12:30 Watercolor Fun 1:30 Judy Garland Sing Along 3:00 Noodle Ball 6:00 Tell A Tale</p>	<p><b>9</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Colorful Landscapes 12:30 Target Toss 1:30 Cookie Cutter Match 3:00 Bowling 6:00 Word Games</p>	<p><b>10</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Beanbag Toss 12:30 Nature Painting 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia</p>
<p><b>11</b> 9:15 Sittercise 10:00 Sunday Blessings 10:30 Painting 12:30 Pom-Pom Animals 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing</p>	<p><b>12</b> 9:15 Get Fit 10:00 Monday Devotion 10:30 Puzzles 12:30 Nature Butterflies 1:30 Name That Tune 3:00 Balloon Targets 6:00 Poetry Reading</p>	<p><b>13</b> 9:15 Morning Exercise 10:00 Daily News 10:30 Favorite Rhymes 12:30 Thank you Notes 1:30 Soothing Sounds 3:00 Beautiful Mountains 6:00 It's Humorous</p>	<p><b>14</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Game Day 12:30 Rock Painting 1:30 Music &amp; Hand Massages 3:00 Noodle Ball 6:00 Evening Chat</p>	<p><b>15</b> 9:15 Get Fit 10:00 Devotion &amp; Prayer 10:30 How To Draw 12:30 Ball Toss 1:30 Music &amp; Nails 3:00 Parachute Popcorn 6:00 Tell A Tale</p>	<p><b>16</b> 9:15 Morning Stretch 10:00 Daily News 10:30 DC Fun Facts 12:30 Match Game 1:30 Lets Dance 3:00 Bowling 6:00 Word Games</p>	<p><b>17</b> 9:15 Baseball Hits 10:00 News &amp; Views 10:30 Creative Minds 12:30 Laugh Break 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia</p>
<p><b>18</b> 9:15 Sittercise 10:00 Sunday Blessings 10:30 Tie Cards 12:30 Rainbow Heart Suncatchres 1:30 Sunday Hymns 3:00 Balloon Volleyball 6:00 Reminiscing</p>	<p><b>19</b> 9:15 Hallway Walk 10:00 Monday Devotion 10:30 Puzzles 12:30 Beach Volleyball 1:30 Coloring Artwork 3:00 Chair Yoga 6:00 Poetry Reading</p>	<p><b>20</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Designing Scarves 12:30 Sea Art 1:30 Soothing Sounds 3:00 Making Flashcards 6:00 It's Humorous</p>	<p><b>21</b> 9:15 Morning Walk 10:00 News &amp; Views 10:30 Game Day 12:30 Poetry Reading 1:30 Music &amp; Hand Massages 3:00 Parachute Fun 6:00 Evening Chat</p>	<p><b>22</b> 9:15 Get Fit 10:00 Devotion &amp; Prayer 10:30 Back Porch Chat 12:30 Frisbee Toss 1:30 Music &amp; Nails 3:00 Noodle Ball 6:00 Tell A Tale</p>	<p><b>23</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Arts &amp; Crafts 12:30 Water Balloon Toss 1:30 Dance Off 3:00 Bowling 6:00 Word Games</p>	<p><b>24</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Watercolor Flowers 12:30 Paper Planes 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia</p>
<p><b>25</b> 9:15 Sittercise 10:00 Sunday Blessings 10:30 Painting 12:30 Favorite Foods 1:30 Sunday Hymns 3:00 Tossing Game 6:00 Reminiscing</p>	<p><b>26</b> 9:15 Get Fit 10:00 Monday Devotion 10:30 Puzzles 12:30 Bowl of Fruit Painting 1:30 Match Game 3:00 Watercolor Canvas 6:00 Poetry Reading</p>	<p><b>27</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Juggling Contest 12:30 Matinee 1:30 Outdoor Fun 3:00 Name Game 6:00 It's Humorous</p>	<p><b>28</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Game Day 12:30 Colorful Llamas 1:30 Music &amp; Hand Massages 3:00 Parachute Fun 6:00 Evening Chat</p>	<p><b>29</b> 9:15 Get Fit 10:00 Devotion &amp; Prayer 10:30 Back Porch Chat 12:30 Pipe Cleaner Butterflies 1:30 Music &amp; Nails 3:00 Noodle Ball 6:00 Tell A Tale</p>	<p><b>30</b> 9:15 Morning Stretch 10:00 Daily News 10:30 Arts &amp; Crafts 12:30 Match Game 1:30 Dance Exercise 3:00 Bowling 6:00 Word Games</p>	<p><b>31</b> 9:15 Sittercise 10:00 News &amp; Views 10:30 Watercolor Flowers 12:30 Scribble Art 1:30 Sing Along 3:00 Afternoon Stroll 6:00 Trivia</p>