

September 2021

• SUNDAY • • MONDAY • • TUESDAY • • WEDNESDAY • • THURSDAY • • FRIDAY • • SATURDAY •

Good-bye Summer
Hello, Autumn

10:00 Chair Exercise
10:30 Daily Devotional
10:40 Grand Ole Opry
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Activity Tables
2:00 Duct Tape Bookmarks
2:30 Sticker Bookmarks
3:30 Movie & Snack

10:00 Animal Chair Yoga
10:45 Math Board Games
10:55 Daily Devotional
11:00 The Price is Right
11:30 Aromatherapy
1:30 What's That Reading
2:00 Beaded Necklaces
3:00 Movie & Snack
3:30 One on One Activity

10:00 Chair Exercise
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Books & Puzzles
2:00 Manicures
3:00 Movie & Snack
4:00 Makeovers

Wildlife Day
8:00 Spiritual Music
10:00 Movie Matinee
12:00 Lunch
1:00 Rest/Relaxation
3:00 Hydration & Snack
5:00 Dinner

National Be Late Day
8:00 Spiritual Music
10:00 Church
12:00 Lunch
1:00 Rest/Relaxation
3:00 Movie/Snack
5:00 Dinner

Nat. Read a Book Day
10:00 Chair Exercise
10:45 Daily Devotional
11:00 Bowling
11:30 Aromatherapy
1:30 Puzzles & Books
2:00 Beach Ball Kick
3:00 Movie & Snack
3:30 One on One Activities

Be Grateful Day
10:00 Sherry Morris Yoga
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:30 Magazines
2:00 Coloring or Word Search
3:00 Movie & Snack
3:30 One on One Activities

10:00 Chair Exercise
10:30 Daily Devotional
10:40 Sing a Longs
10:45 Catching Bubbles
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Activity Tables
2:00 Leaf Crowns
3:30 Movie & Snack

10:00 Animal Chair Yoga
10:45 Math Board Games
10:55 Daily Devotional
11:00 The Price is Right
11:30 Aromatherapy
1:30 What's That Reading
2:00 Felt Flower Pins
3:00 Movie & Snack
3:30 One on One Activity

10:00 Chair Exercise
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Books & Puzzles
2:00 Manicures
3:00 Movie & Snack
4:00 Makeovers

Day of Remembrance
8:00 Spiritual Music
10:00 Movie Matinee
1:00 Rest/Relaxation
3:00 Hydration & Snack
5:00 Dinner

Hugs & High Five D.
8:00 Spiritual Music
10:00 Church
12:00 Lunch
1:00 Rest/Relaxation
3:00 Movie/Snack

Uncle Sam Day
10:00 Chair Exercise
10:45 Daily Devotional
11:00 Bowling
11:30 Aromatherapy
1:30 Puzzles & Books
2:00 Beach Ball Kick
3:00 Movie & Snack
3:30 One on One Activities

Live Creative Day
10:00 Sherry Morris Yoga
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:30 Magazines
2:00 Coloring or Word Search
3:00 Movie & Snack
3:30 One on One Activities

National Hat Day
10:00 Chair Exercise
10:30 Daily Devotional
10:40 Sing a Longs
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Confetti Pencils
2:00 Flower Pens
3:30 Movie & Snack

10:00 Animal Chair Yoga
10:45 Math Board Games
10:55 Daily Devotional
11:00 The Price is Right
11:30 Aromatherapy
1:30 What's That Reading
2:00 Painting Pumpkins
3:00 Movie & Snack
3:30 One on One Activity

10:00 Chair Exercise
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Books & Puzzles
2:00 Manicures
3:00 Movie & Snack
4:00 Makeovers

National Dance Day
8:00 Spiritual Music
10:00 Movie Matinee
12:00 Lunch
1:00 Rest/Relaxation
3:00 Hydration & Snack
5:00 Dinner

Wife Appreciation D.
8:00 Spiritual Music
10:00 Church
12:00 Lunch
1:00 Rest/Relaxation
3:00 Movie/Snack
5:00 Dinner

Nat. Care for Kids Day
10:00 Chair Exercise
10:45 Daily Devotional
11:00 Funny Kid Videos
11:30 Aromatherapy
1:30 Puzzles & Books
2:00 Beach Ball Kick
3:00 Movie & Snack
3:30 One on One Activities

National Pecan Cookie Day
10:00 Sherry Morris Yoga
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:30 Magazines
2:00 Coloring or Word Search
3:00 Movie & Snack
3:30 One on One Activities

Autumn Equinox Day
10:00 Chair Exercise
10:30 Daily Devotional
10:40 Sing a Longs
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Activity Tables
2:00 Q-tip Autumn Tree
3:30 Movie & Snack

10:00 Animal Chair Yoga
10:45 Math Board Games
10:55 Daily Devotional
11:00 The Price is Right
11:30 Aromatherapy
1:30 What's That Reading
2:00 Autumn Button Trees
3:00 Movie & Snack
3:30 One on One Activity

10:00 Chair Exercise
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Books & Puzzles
2:00 Manicures
3:00 Movie & Snack
4:00 Makeovers

Storytelling Day
8:00 Spiritual Music
10:00 Movie Matinee
12:00 Lunch
1:00 Rest/Relaxation
3:00 Hydration & Snack
5:00 Dinner

Johnny Appleseed D.
8:00 Spiritual Music
10:00 Church
12:00 Lunch
1:00 Rest/Relaxation
3:00 Movie/Snack

National Family Day
10:00 Chair Exercise
10:45 Daily Devotional
11:00 Bowling
11:30 Aromatherapy
1:30 Puzzles & Books
2:00 Beach Ball Kick
3:00 Movie & Snack
3:30 One on One Activities

Nat. Good Neighbor Day
10:00 Sherry Morris Yoga
10:45 Daily Devotional
11:00 Balloon Tennis
11:30 Aromatherapy
1:30 Magazines
2:00 Coloring or Word Search
3:00 Movie & Snack
3:30 One on One Activities

National Coffee Day
10:00 Chair Exercise
10:30 Daily Devotional
10:40 Sing a Longs
11:30 Aromatherapy
1:00 Rest & Relaxation
1:30 Activity Tables
2:00 Garden Mosaic
3:30 Movie & Snack

10:00 Animal Chair Yoga
10:45 Math Board Games
10:55 Daily Devotional
11:00 The Price is Right
11:30 Aromatherapy
1:30 What's That Reading
2:00 Watercolor Tape Pics
3:00 Movie & Snack
3:30 One on One Activity

9:00 Breakfast
10:30 Hydration Station
12:00 Lunch
3:00 Hydration Station
5:00 Dinner