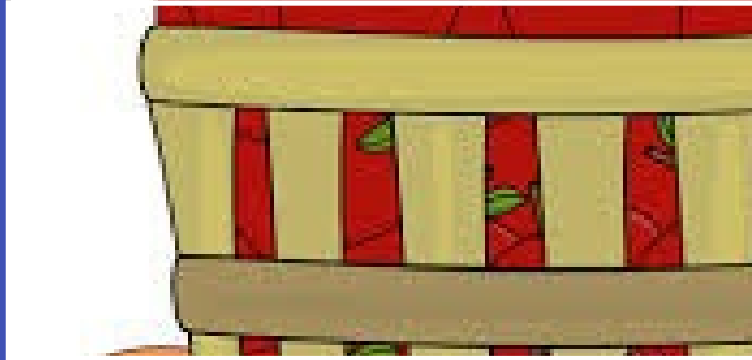


# September 2021 Memory Care Calendar



## Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**Assisted Living  
Monthly  
Calendar**  
All Activities  
Subject to  
Change.



8:00 🍴 Breakfast **1**  
10:00 🍴 Morning Snack  
11:00 📖 Armchair Travel  
12:00 🍴 Lunch  
2:00 🌿 Garden Club  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Wheel Of Fortune

8:00 🍴 Breakfast **2**  
10:00 📖 Creative Club  
10:00 🍴 Morning Snack  
10:30 ⚡ Morning @ M.C.  
12:00 🍴 Lunch  
2:00 🌿 Green Thumbs  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **3**  
10:00 📖 Brain Games  
10:00 🍴 Morning Snack  
11:00 📖 Fun Fact Friday  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **4**  
10:00 🍴 Morning Snack  
10:30 🪑 Patio Pals  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **5**  
9:30a 📖 Coffee and News  
10:00 🍴 Morning Snack  
11:00 🚶 Chair Exercise  
12:00 🍴 Lunch  
1:30 🕊 Church Hymns/Sing Along  
3:00 🍴 Afternoon Snack  
3:30 ⭐ Games Galore! Dominos  
5:00 🍴 Dinner

8:00 🍴 Breakfast **6**  
10:00 🚶 Monday Moves-Chair Zumba  
10:00 🍴 Morning Snack  
11:00 📖 Ice Breakers- Daily Topics and Conversations  
12:00 🍴 Lunch  
2:00 ⚡ Cooking Cove  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Millionaire Monday

8:00 🍴 Breakfast **7**  
10:00 🍴 Morning Snack  
12:00 🍴 Lunch  
1:30 📖 Word Games  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **8**  
10:00 🍴 Morning Snack  
11:00 📖 Armchair Travel  
12:00 🍴 Lunch  
2:00 ⚡ Lady Fingers  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Wheel Of Fortune

8:00 🍴 Breakfast **9**  
10:00 📖 Creative Club  
10:00 🍴 Morning Snack  
10:30 ⚡ Morning @ M.C.  
12:00 🍴 Lunch  
2:00 🌿 Green Thumbs  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **10**  
10:00 📖 Brain Games  
10:00 🍴 Morning Snack  
11:00 📖 Fun Fact Friday  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **11**  
10:00 🍴 Morning Snack  
10:30 🪑 Patio Pals  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **12**  
9:30a 📖 Coffee and News  
10:00 🍴 Morning Snack  
10:30 🕊 Circle of Grace  
11:00 🚶 Chair Exercise  
12:00 🍴 Lunch  
1:30 🕊 Church Hymns/Sing Along  
3:00 🍴 Afternoon Snack  
3:30 ⭐ Games Galore! Dominos  
5:00 🍴 Dinner

8:00 🍴 Breakfast **13**  
10:00 🚶 Monday Moves-Chair Zumba  
10:00 🍴 Morning Snack  
11:00 📖 Ice Breakers- Daily Topics and Conversations  
12:00 🍴 Lunch  
2:00 ⚡ Cooking Cove  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Millionaire Monday

8:00 🍴 Breakfast **14**  
10:00 🍴 Morning Snack  
12:00 🍴 Lunch  
1:30 📖 Word Games  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **15**  
10:00 🍴 Morning Snack  
11:00 📖 Armchair Travel  
12:00 🍴 Lunch  
2:00 🌿 Garden Club  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Wheel Of Fortune

8:00 🍴 Breakfast **16**  
10:00 📖 Creative Club  
10:00 🍴 Morning Snack  
10:30 ⚡ Morning @ M.C.  
12:00 🍴 Lunch  
2:00 🌿 Green Thumbs  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **17**  
10:00 📖 Brain Games  
10:00 🍴 Morning Snack  
11:00 📖 Fun Fact Friday  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **18**  
10:00 🍴 Morning Snack  
10:30 🪑 Patio Pals  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **19**  
9:30a 📖 Coffee and News  
10:00 🍴 Morning Snack  
11:00 🚶 Chair Exercise  
12:00 🍴 Lunch  
1:30 🕊 Church Hymns/Sing Along  
3:00 🍴 Afternoon Snack  
3:30 ⭐ Games Galore! Dominos  
5:00 🍴 Dinner

8:00 🍴 Breakfast **20**  
10:00 🚶 Monday Moves-Chair Zumba  
10:00 🍴 Morning Snack  
11:00 📖 Ice Breakers- Daily Topics and Conversations  
12:00 🍴 Lunch  
2:00 ⚡ Cooking Cove  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Millionaire Monday

8:00 🍴 Breakfast **21**  
10:00 🍴 Morning Snack  
12:00 🍴 Lunch  
1:30 📖 Word Games  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **22**  
10:00 🍴 Morning Snack  
11:00 📖 Armchair Travel  
12:00 🍴 Lunch  
2:00 ⚡ Lady Fingers  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Wheel Of Fortune

8:00 🍴 Breakfast **23**  
10:00 📖 Creative Club  
10:00 🍴 Morning Snack  
10:30 ⚡ Morning @ M.C.  
12:00 🍴 Lunch  
2:00 🌿 Green Thumbs  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **24**  
10:00 📖 Brain Games  
10:00 🍴 Morning Snack  
11:00 📖 Fun Fact Friday  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **25**  
10:00 🍴 Morning Snack  
10:30 🪑 Patio Pals  
12:00 🍴 Lunch  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **26**  
9:30a 📖 Coffee and News  
10:00 🍴 Morning Snack  
11:00 🚶 Chair Exercise  
12:00 🍴 Lunch  
1:30 🕊 Church Hymns/Sing Along  
3:00 🍴 Afternoon Snack  
3:30 ⭐ Games Galore! Dominos  
5:00 🍴 Dinner

8:00 🍴 Breakfast **27**  
10:00 🚶 Monday Moves-Chair Zumba  
10:00 🍴 Morning Snack  
11:00 📖 Ice Breakers- Daily Topics and Conversations  
12:00 🍴 Lunch  
2:00 ⚡ Cooking Cove  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Millionaire Monday

8:00 🍴 Breakfast **28**  
10:00 🍴 Morning Snack  
12:00 🍴 Lunch  
1:30 📖 Word Games  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

8:00 🍴 Breakfast **29**  
10:00 🍴 Morning Snack  
11:00 📖 Armchair Travel  
12:00 🍴 Lunch  
2:00 🌿 Garden Club  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner  
6:00 📖 Wheel Of Fortune

8:00 🍴 Breakfast **30**  
10:00 📖 Creative Club  
10:00 🍴 Morning Snack  
10:30 ⚡ Morning @ M.C.  
12:00 🍴 Lunch  
2:00 🌿 Green Thumbs  
3:00 🍴 Afternoon Snack  
5:00 🍴 Dinner

**Resident Birthdays**  
Darwin R. 9/6  
Polly P. 9/8  
Dolores B. 9/20  
Barbara C. 9/20  
Fay F. 9/21

- 🍴 Culinary
- ⭐ Entertaining
- 🌿 Environmental
- 📖 Intellectual
- 🚶 Physical
- ⚡ Purposeful
- 🪑 Social
- 🕊 Spiritual